

ACG's Leading with Guts: Women Shaping the Future of Gastroenterology
Friday, June 5, 2026
Marriott at Metro Center
Washington, DC

Course Directors:

Kathryn E. Hutchins, MD, FACG, and Amanda B. Pressman, MD, FACG

4.75 hours of CME and MOC

Friday, June 5, 2026

10:30 am Registration

11:25 am Welcome Remarks and Announcements

Session 1

Moderators: *Kathryn E. Hutchins, MD, FACG, and Amanda B. Pressman, MD, FACG*

11:30 am **Executive Presence**

Amy S. Oxentenko, MD, MACG

Discuss ways to master professional poise, authority, and credibility.

12:00 pm **Boundary Setting and Enforcing**

Neena S. Abraham, MD, MSc (Epid), MACG

Identify ways to establish personal and professional limits.

12:30 pm **Public Speaking and Media Engagement**

Jennifer A. Christie, MD

Describe how to enhance your communication skills to maximize influence and impact.

1:00 pm Panel Discussion / Q & A

1:30 pm Lunch Break

1:50 pm Optional Luncheon Symposium (1:50 pm-2:10 pm)

Session 2

Moderators: *Kathryn E. Hutchins, MD, FACG, and Amanda B. Pressman, MD, FACG*

2:30 pm **Empowering Women in Gastroenterology**

Sophie M. Balzora, MD, FACG

Explain key strategies for the adoption of inclusive leadership and diverse representation.

3:00 pm **Up-Managing Your Boss**

Millie D. Long, MD, MPH, FACG

Identify strategies for navigating workplace hierarchy and leadership dynamics.

- 3:30 pm **Microaggressions and Bias at Work**
Anita Afzali, MD, MPH, MHCM, FACG
Explain strategies for recognizing and addressing workplace inequities.
- 4:00 pm **Male Allyship**
William D. Chey MD, MACG
Discuss how to encourage your male colleagues to be allies and supportive in the workplace.
- 4:30 pm Panel Discussion / Q & A
- 5:00 pm Course Wrap-Up and Take-Away Points
Kathryn E. Hutchins, MD, FACG, and Amanda B. Pressman, MD, FACG
- 5:15 pm Course Adjourns
- 5:30 pm – 6:30 pm Symposium / Sponsored Reception*

ACG's IBD School
Friday and Saturday, June 5-6, 2026
Washington, DC

8.5 hours of CME and 8.5 hours of MOC

Friday, June 5, 2026

IBD School 6:50 pm – 9:00 pm

- 6:50 pm **Welcome and Introductions**
Sara N. Horst, MD, MPH, FACG, Arun C. Swaminath, MD, FACG, and Edward L. Barnes, MD, MPH, FACG
- 7:00 pm **Diet, Lifestyle, and Complementary Medicine in IBD**
Outline the evidence for different diets and lifestyles in managing patients with IBD, and discuss the evidence base for popular alternative therapies including medical marijuana and herbal remedies.
- 7:40 pm **Mental Health in IBD**
Summarize the prevalence and importance of evaluating for mental health disorders in IBD patients, and discuss the options available for monitoring mental health and managing mental health disorders.
- 8:10 pm **Cancer Prevention in IBD**
Summarize primary and secondary cancer prevention in IBD patients, including the use of augmented imaging with virtual or dye-spray chromoendoscopy.

- 8:40 pm Panel Discussion / Q & A
- 9:00 pm Course Adjourns for the Day

Saturday, June 6, 2026

7:30 am Registration Open / Continental Breakfast

IBD School 7:55 am – 12:05 pm

7:55 am **Welcome and Announcements**

Sara N. Horst, MD, MPH, FACG, Arun C. Swaminath, MD, FACG, and Edward L. Barnes, MD, MPH, FACG

8:00 am **Updates on Treatment Strategies of Crohn's Disease**

Sara N. Horst, MD, MPH, FACG

Identify the key take-away points and treatment strategies based on the ACG guidelines for Crohn's disease, and the latest developments for management of these patients.

8:40 am **Updates on Treatment Strategies of Ulcerative Colitis**

Arun C. Swaminath, MD, FACG

Identify the key take-away points and treatment strategies based on the ACG guidelines for UC, and the latest developments for management of these patients.

9:20 am **The Pregnant Patient With IBD**

Discuss IBD management strategies before and during pregnancy.

10:05 am Panel Discussion / Q & A

10:20 am Break / Visit the Exhibitors

10:35 am **Management of Stricturing Crohn's Disease: Endoscopic and Surgical Options**

Recognize indications for medical and endoscopic management of stricturing Crohn's disease, including early operative management, and describe the management of patients in the postoperative period.

11:05 am **Management of Pouchitis**

Edward L. Barnes, MD, MPH, FACG

Discuss the symptoms, differential diagnosis, and treatment of pouch disorders.

11:35 am Q & A and Case Discussions With the Faculty

12:05 pm Lunch Break

Possible Symposium 12:25 pm – 12:55 pm

- 1:05 pm **Getting Your Patient the Medication You Prescribed: Tips and Tricks**
Illustrate a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.
- 1:30 pm **Disease Monitoring and Treatment Targets in Inflammatory Bowel Disease**
Incorporate disease monitoring strategies for all patients with IBD, recognize indications for intestinal ultrasound in IBD, interpret available data on its use, and anticipate the role for transmural healing as a target of treatment.
- 2:00 pm **Microscopic and Other Colitides**
Describe the epidemiology and management of microscopic colitis as well as other forms of colitis that can mimic IBD.
- 2:30 pm **Infections and Prevention in IBD**
Identify those infections that are associated with certain medications and how to manage or prevent them in patients with IBD.
- 3:00 pm Panel Discussion / Q & A
- 3:20 pm Course Wrap-Up and Take-Away Points
Sara N. Horst, MD, MPH, FACG, Arun C. Swaminath, MD, FACG, and Edward L. Barnes, MD, MPH, FACG
- 3:30 pm Course Adjourns

Possible Symposium / Sponsored Reception 3:45 pm – 4:45 pm

**ACG's Esophagus School 2026
Saturday and Sunday June 6-7, 2026
Washington, DC**

Up to 8.25 hours of CME & 8.25 MOC points

Saturday, June 6, 2026

- 3:00 pm Registration Open**
- 3:45 pm Reception / Sponsored Symposium**
- 4:50 pm Welcome and Introductions – Why Is Esophagus School in Session?**
Felice Schnoll-Sussman, MD, MSc, FACG, and Evan S. Dellon, MD, MPH, FACG
- 5:00 pm State of the Esophageal Union: This Isn't Your Father's Esophagus**
Philip O. Katz, MD, MACG

Discuss the rapidly changing esophageal landscape, burden of esophageal disease, approach to esophageal symptoms, and clinical pearls.

- 5:20 pm** **Look Before You Leap: Performing a High-Quality Esophageal Exam**
Vani J.A. Konda, MD, FACG
Describe the approach to a high-quality esophageal exam, including use of validated and recommended scales, quality indicators, and producing high-quality reports.
- 5:40 pm** **Q & A**
- 6:00 pm** **Break / Pick Up Boxed Dinner**
- Session 1: Ripped From the ACG Guidelines: Applying the Guidelines in Practice, With a Case-Based Approach**
Moderator: *Felice Schnoll-Sussman, MD, MSc, FACG*
- 6:20 pm** **GERD**
Felice Schnoll-Sussman, MD, MSc, FACG
Discuss recent ACG guidelines on esophageal topics, highlighting why these were updated, what is new, and what is notable, with a focus on GERD.
- 6:40 pm** **Barrett's Esophagus**
Discuss recent ACG guidelines on esophageal topics, highlighting why these were updated, what is new, and what is notable, with a focus on Barrett's esophagus.
- 7:00 pm** **Achalasia**
C. Prakash Gyawali, MD, MRCP, FACG
Discuss recent ACG guidelines on esophageal topics, highlighting why these were updated, what is new, and what is notable, with a focus on achalasia.
- 7:20 pm** **EoE**
Evan S. Dellon, MD MPH, FACG
Discuss recent ACG guidelines on esophageal topics, highlighting why these were updated, what is new, and what is notable, with a focus on eosinophilic esophagitis.
- 7:40 pm** **Panel Discussion: From the Mouth of the Authors – How The Guidelines Are Written**
- 8:00 pm** **Course Adjourns for the Day**

Sunday, June 7, 2026

6:30 am **Registration Open**

Session 2: Beyond the ACG Guidelines: Applying the Guidelines in Practice

Moderator: *Felice Schnoll-Sussman, MD, MSc, FACG*

- 7:00 am** **GERD**
Rena H. Yadlapati, MD, MSHS, FACG
Identify key aspects of the ACG guidelines and how to apply them for diagnosis and management of GERD.
- 7:20 am** **Barrett's Esophagus**
Felice Schnoll-Sussman, MD, MSc, FACG
Identify key aspects of the ACG guidelines and how to apply them for diagnosis and management of Barrett's esophagus.
- 7:40 am** **Achalasia**
Dustin A. Carlson, MD, MSCI
Identify key aspects of the ACG guidelines and how to apply them for diagnosis and management of achalasia.
- 8:00 am** **EoE**
Dominique D. Bailey, MD, MSc
Identify key aspects of the ACG guidelines and how to apply them for diagnosis and management of eosinophilic esophagitis.
- 8:20 am** **Panel Discussion: How to Effectively Use the Guidelines**
- 8:40 am** **Break**

Session 3: A Deep Dive into the Esophagus: Cases with the Aces

In this session, the participants will be divided into 4 groups, and will cycle between 4 different rooms/stations to participate in each topic once:

Moderator: *Evan S. Dellon, MD MPH, FACG*

9:00 am – 10:20 am

Practical Tips in Reflux and pH Testing

Philip O. Katz, MD MACG

Present cases of typical reflux off PPI, refractory reflux on PPI, and non-reflux heartburn symptoms, in order to understand testing options and study interpretation, with an emphasis on a practical approach.

Mucho Manometry

Rena H. Yadlapati, MD, MSHS, FACG, and Prakash Gyawali MD, MRCP, FACG

Present cases of achalasia, nutcracker, and ineffective esophageal motility, in order to understand esophageal manometry testing and study interpretation, with an emphasis on a practical approach.

Flipping for FLIP

Dustin A. Carlson, MD, MSCI, and Vani J.A. Konda, MD, FACG

Present cases of dysphagia, achalasia/POEM and EoE, in order to explain use of FLIP technology and data interpretation in real time, with an emphasis on a practical approach.

Scoop and Burn: Endoscopic Eradication Therapy in BE

Felice Schnoll-Sussman, MD, MSc, FACG

Present cases of newly detected flat BE, nodular BE requiring an EMR, and dysplastic BE requiring ablation, in order to highlight methods for BE diagnosis and treatment, with an emphasis on a practical approach.

10:20 am Break

Session 4: Foreign Bodies, Strictures, Lumps, and Bumps – What’s All This Stuff in the Esophagus?

Moderator: *Vani J.A. Konda, MD, FACG*

**10:40 am Food Impaction, Esophageal Dilation, and Refractory Strictures:
How I Do It**

Ashley L. Faulx, MD, FACG

Identify a practical approach to food impactions, performing esophageal dilation, and managing refractory esophageal strictures.

11:00 am Q & A

11:05 am When and Why to Refer: Surgical Options for Esophageal Disease

Explain a practical guide to when and why to refer patients with GERD, Barrett's esophagus, and achalasia for surgery, highlighting key surgical options and effective collaboration with esophageal surgeons to optimize patient outcomes.

11:25 am **Q & A**

11:30 am **Rapid Fire Questions**

11:50 am **Course Wrap-Up and Take-Away Points**

Felice Schnoll-Sussman, MD, MSc, FACG, and Evan S. Dellon, MD, MPH, FACG

12:00 pm **Course Adjourns**